



ATHERTON GARDEN GUILD

Since 1966

Atherton Garden Gate

November 2024

## Calendar

### Meetings

Board Meetings: 9: 00 am

Social: 9: 30 am

Meetings: 10: 00 am

*Meetings are on Mondays  
unless otherwise noted*

### November

Monday, November 4  
Atherton Town Center  
History Room

### December

Monday, December 9  
Holiday Party  
Holbrook Palmer  
Park Pavilion

### January

Monday, January 6  
Atherton Town Center  
History Room

### February

Monday, February 3  
Suzanne Legallet's home  
88 Selby Lane, Atherton

### March

Monday, March 3  
Atherton Town Center  
History Room

### April

Monday, April 7  
Suzanne Legallet's home  
88 Selby Lane, Atherton

### May

Monday, May 5  
Atherton Town Center  
History Room

### June

Monday, June 2  
Suzanne Legallet's home

AGG

Meeting

**Monday,  
November 4**

**Atherton Town Center**

*Dinkelspiel Lane and Ashfield Road*

*History Room*

**Pumpkins at the  
Menlo Park  
Farmers' Market**

# The President's Letter

*“As you grow older, you will discover that you have two hands — one for helping yourself, the other for helping others.” — Audrey Hepburn.*



In 2023, the Bureau of Labor Statistics revealed that about 63 million people volunteered for non-profits, contributing eight billion service hours. This is not just a number, but a testament to the transformative power of volunteering. It's a proven mood booster, a community strengthener, and a gratitude builder. The magic of giving back is real, and you can experience it too.

Volunteering changes your mood. It can have a positive effect on your body. Studies show that when people volunteer, they trigger the mesolimbic system — the portion of the brain responsible for feelings of reward. The brain releases feel-good chemicals, spurring you to perform more kind acts. Psychologists call it “helper's high.”

Volunteering is more than just a good deed. It's a gateway to a stronger sense of community. By helping others, you emit positive energy that can enhance your friendships, creating solid and lasting bonds. It is an excellent way to find your 'tribe' - a group of like-minded individuals united by shared passions and commitment. People who volunteer have been found to have higher self-esteem and an overall feeling of well-being. The more connection you feel, the more your self-esteem increases because it provides a sense of belonging and purpose.

Volunteering increases your feelings of gratitude. Helping others is a beautiful way to gain perspective on your situation and leads to feelings of gratitude for what you have. So, are you ready to benefit from volunteering? Atherton Garden Guild wants you. We have something for everyone. If you are interested, please email Patti at [triziadesign@gmail.com](mailto:triziadesign@gmail.com) and become part of the Atherton Garden Guild tribe. I know volunteering will surely enrich your life like it has for me.

We look forward to seeing everyone at our next meeting on Monday, November 4th, at the Atherton Town Center History Room. Jenna Bayer will be our speaker. Jenna from Jenna Bayer Designs creates innovative layouts from acreage to small rooftop gardens.

*Patti*

## California Garden Clubs, Inc.



I am excited to invite AGG members to upcoming events hosted by The California Garden Club, Inc. I'm sure these events will enrich your garden knowledge and experience. AGG is eligible to win the Blue Ribbon Certificate Award, a designation we can place on our newsletter and website.

*One way to win points is to attend the  
Bay Ocean District meetings and presentations:-*

**9:30 am-11:30 am Thursday, February, 15, 2025:**

**9:30 am-11:30 am Thursday, May 16, 2025**

As soon as the presentation topics are released, I will let you know. For a complete listing on the point system, please email [triziadesign@gmail.com](mailto:triziadesign@gmail.com). More CGCI events will be published in the upcoming AGG newsletters.

The California Garden Club Inc. is an organization that works with 237 garden clubs to coordinate and centralize the work of various California Garden Clubs and bring them into a closer relationship of mutual helpfulness. To learn more about the [californiagardenclubs.com](http://californiagardenclubs.com) *Patti*



**Nyna Dolby  
and**

**Joan Sanders**

*Of the Atherton Garden Guild*

*present*

**Two Holiday Floral  
Arrangement Demonstrations**

**November 18<sup>th</sup>**

**11 am to 12 pm  
Atherton Town Center  
History Room**

# AGG Meetings/Programs

## November Program • Monday, November 4

*Atherton Town Center History Room*

*Dinkelspiel Lane and Ashfield Road, Atherton*

**Presenter Jenna Bayer**



Jenna Bayer Garden Design was established in 1994, and since then has focused on creating one of a kind garden experiences using sustainable practices, extensive horticultural knowledge and artistic principles. Every project is approached with original ideas developed through the years of experience of accomplished designers and artists. Each garden created is designed to captivate all of your senses!

“Gardening is the slowest of the performing arts.”



### MOUNTAIN VIEW STUDIO

650-988-9600

1954 Old Middlefield Way, Suite B  
Mountain View, CA 94043



### Mark Your Calendars

## Holiday Party • Monday, December 9

*Holbrook Palmer Park Pavilion*

*Holbrook Palmer Park, Watkins Avenue*

**6:00 pm to 8:00 pm**

*AGG Member plus one*



*Evening festivities will include  
beautifully decorated tables designed by*

Nancy Butler

Mary Rita Mckay

Suellen Rottiers

Kasey Hansen

Katy McCormick

Joan Sanders



# October Meeting



# Member Page



Ferry in fjord

*Carrie Drake's* September trip to Sweden, Denmark and Norway. "Such a beautiful, clean and serene part of the world, and WHO KNEW they could have such pretty gardens with so few months of warm, sunny weather?"



Norwegian fjord town



Lofstad Castle



King's Bedroom



Flower boxes



Table setting



Handsome gent in Oslo



Viegland Oslo

*Karen Olson's trip*  
Boston & New England



# Member Page



*The Wedding of Julie Douglass's daughter Alexandra Douglass who Married Sam Klotz at the The Montage in Big Sky Montana.*



*Joan Sanders & Julia Child*  
at the graduation of Joan's daughter Sandy from Culinary school many years ago



*Carol Selig's*  
Library Flowers  
Photo by Patty Leguers



*Suellen Rottiers's* Thanksgiving Decor



*Pam Brown's*  
Thanksgiving Centerpiece



# Who's in Your Garden

## Who's in Your Garden with Nyna Dolby

by Patti Spezzaferro



*Which three historical or present gardeners would you invite to your dinner party?*

My dad, my dad's dad, and Lucy Tolmach from Filoli. I'd love to see them interact and share stories!

*What is your greatest fear?*

To not be physically able to play in the garden or do things I used to and still can do easily.

*What is your idea of perfect happiness?*

To play with flowers in the company of sweet friends in a beautiful place.

*Which gardens are your favorites?*

Hidcote Manor Garden in the UK, Filoli, and of course, my own!

*What have you learned recently about gardening that you wish to share?*

Hmmmm.... You need to regularly work in your garden to keep yourself and your garden in shape! Neglecting either, even for a season, takes twice as long to get back in shape!!

*What is your favorite gardening product and why?*

Good and comfortable gardening gloves - they save my hands from festering thorns and let me work longer and happier!

*What inspires you to garden?*

The amazing beauty and diversity of all growing things. God has made so many amazing things! Even the weeds are surprising in their adaptations! My dad always said he felt closer to God in the garden than anywhere else on earth. I agree!

*A motto by which you live by while gardening?*

See above! "Feel closer to God in the garden than anywhere else on earth!"

*What is your greatest extravagance?*

Cutting all the flowers in my garden to make a huge floral arrangement. Ditto for the fruit but making jam or pies out of the abundance!

*What does AGG mean to you?*

I am part of a great group of ladies who share my love of flowers and gardens. I can learn from and share experiences with them. Thank you for letting me be part of this lovely group!



Nyna's father  
potting Camellias



### Views of Nyna's Garden



Nyna's Grandmother in her Oakland garden



# Horticulture Page

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## Horticulture Report

By Patti Spezzaferro

### November Master Gardener's Checklist

- Weather permitting, many of the October garden activities can continue into November.
- There's still time for fall planting of shrubs, trees, and perennials before the winter rains arrive (we hope!). Winter rains will help the new plantings to establish sound root systems.
- Cool-season vegetable seedlings can be planted, such as cabbage, kale, chard, and spinach. Carrots may also be seeded now.
- Remove dead or diseased limbs from trees and shrubs.
- If you are putting away your garden tools for the winter, first give them a good cleaning. Rub with alcohol after each use to prevent the spread of disease. Prevent rust with a light coating of lubricant grease (such as lithium grease). Shovels and saws may be stored in a bucket of sand with a bit of oil (5 parts sand to 1 part oil).
- You can control slugs and snails with organic, pet/animal- and food-safe slug bait.

## Book of the Month

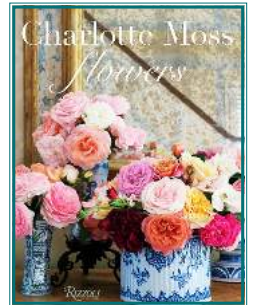
### Flowers

by Charlotte Moss

If you cannot attend Charlotte Moss's lecture at The San Francisco Fall Show, Art, Antiques, and Design at Fort Mason October 18th, the next best thing is to read her book, *Flowers*. With a career covering over three decades, Charlotte Moss is one of America's most recognized interior designers.

Charlotte's designs have been illustrated in many major publications. She is the recipient of the New York School of Interior Design's Centennial Medal, The Royal Oak Foundation's Timeless Design Award, and Elle Decor's Grand Master's List of Designers. She holds an honorary doctorate from the New York School of Interior Design and her Alma Mater, the University of Virginia.

Her work in private residences and executive suites in the United States and abroad demonstrates her Southern warmth and hospitality and her love of travel and history. Charlotte has been photographing her flower arrangements for over a decade. This book celebrates her artistry and inspires the reader to use glorious flowers in decorating, entertaining, and everyday living. Buy it on [Amazon.com](https://www.amazon.com)





## Sherman Gardens & Library

2647 East Coast Highway, Corona Del Mar, CA

*Recently visited & recommended by Joan Sanders*



The Sherman Library & Gardens is a living oasis of history, horticulture and art that offers an array of experiences for visitors of all age. The Sherman Library & Gardens is a community center that provides an inspired line-up of classes and events ranging from wellness workshops and children's activities, to floral design classes, lectures in the library, and plant shows,

### The Gardens' Collections Include

Over 100 species of palms from around the world

- 130 unique varieties of begonias
- A lush tropical conservatory featuring a koi pond, carnivorous plants and an extensive orchid collection
- An artistic succulent garden
- A formal garden
- A tea garden with numerous hanging baskets of fuchsia, begonias, and seasonal favorites.
- Visitors can explore the gardens along wide brick walkways winding past bubbling tile fountains and flower beds bursting with color, texture, and fragrance.

The Sherman Library is a historical research library specializing in the history of the Pacific Southwest – including southern California, Arizona, northern Mexico and adjoining areas. The Library's collections document the development of the region through books, archival collections, photographs, maps, and newspapers.



## Hospitality

### November

Suzanne Van Ness, Chair  
Patty Leugers  
Marion Oster



## Atherton Library

*Hours: Monday - Thursday: 10 am - 8 pm*

*Friday - Sunday: 10 am - 5 pm*

*On your week, deliver flowers early Monday, pick up late Sunday*

*. Closed November 28 & 29 • Thanksgiving*

### November

- 4 Barbara Tyler
- 11 Suzanne Van Ness
- 18 Rita Wachhorst
- 25 Martha Woollomes



*The Atherton Garden Guild*  
PO Box 685  
Menlo Park, CA 94025

# AGG Newsletter

November 2024

## OFFICERS 2024 - 2025

President:	Patti Spezzaferro
1st Vice President:	Suzanne Legallet
<i>Programs</i>	Mimi Hillyard
2nd Vice President:	Dana Bonham
<i>Membership</i>	
Treasurer:	Katie Blommer
Recording Secretary:	Pamela Smith
Corresponding Secretary:	Kasey Hansen
Historian:	Di Bryan
Parliamentarians:	Julie Douglass Joan Sanders
Newsletter:	Martha Woollomes
Website/Technology:	Carrie Drake

## CONTRIBUTORS

Di Bryan, Pam Brown, Nyna Dolby,  
Julie Douglass, Carrie Drake,  
Patty Leugers, Karen Olson,  
Suellen Rottiers, Joan Sanders,  
Patti Spezzaferro, Rita Wachhorst,  
Martha Woollomes

## PROOFREADERS

Kasey Hansen, Pamela Smith,  
Patti Spezzaferro

## COMMITTEE CHAIRS 2024/2025

**Atherton Library Flowers:** Chair Rita Wachhorst  
**Donations:** Chair Barbara Tyler  
**Holbrook Palmer Rose Garden:** Chair Patty Leugers  
**Holiday Party: Location:** Holbrook Palmer Pavilion  
**Committee:** Dana Bonham, Carrie Drake, Erika Enos,  
Ginny Nile, Suellen Rottiers, Pam Smith,  
Lynne and Dave Heppberger  
**Horticulture:** Chair Patti Spezzaferro  
**Hospitality/Refreshments:** Chair Lynne Heppberger  
**June, 2024 Luncheon: Hostess:** Suzanne Legallet  
**Committee Chair:** Suzanne Legallet  
**Committee:** Karen Bartholomew, Dana Bonham  
Sue Connelly, Mimi Hillyard, Sue Matthews,  
Karen Olson, Joan Sanders, Patti Spezzaferro  
**Newsletter:** Editor Martha Woollomes  
**Nominating:** Chair Suzanne Van Ness  
**Website:** Chair Carrie Drake  
**Yearbook:** Chair Terri Bailard



## *Birthdays*

### November Birthday Flower

*Chrysanthemum & Peony*

*Chrysanthemum: abundance & fulfillment*  
*Peony: honor & fortune*

### November Birthdays

- 7 Maxine Bonnette
- 10 Karlene Elder
- 13 Rita Mary McKay
- 20 Judy Blommer
- 26 Barbara Peyton